

Prostate Biopsy - After Procedure Instructions

- May take over-the-counter acetaminophen (Tylenol) and/or ibuprofen (Motrin, Advil) as needed for pain.
- If you are on blood thinning medication(s), please ask your doctor/surgeon when it will be okay to resume the medication(s).
- Do not take ibuprofen together with your blood thinning medication(s).
- If you are prescribed an antibiotic, please complete taking it as prescribed.
- The office will call you to schedule a follow up once biopsy results are received.
- No heavy lifting more than 10 pounds, strenuous activity and sexual activity for at least 1 week following the procedure.
- It is not uncommon to see blood in the urine or in the stool for a few days following the procedure. You may also see blood in the semen upon ejaculation and this may last for a few weeks and sometimes longer following the procedure.
- If you experience fever/chills (>100.5 F), nausea/vomiting, troubles urinating or inability to urinate, worsening blood in the urine and/or stool, chest pain or shortness of breath, or with any other questions or concerns please call the office or go straight to the nearest emergency department.